Alzheimer's Association Support Group Listing Houston & Southeast Texas Chapter

24/7 Helpline: 800.272.3900

www.alz.org/texas

Serving 37 counties throughout Southeast Texas



the compassion to care, the leadership to conquer\*

# Alzheimer's Association: Houston & Southeast Texas Support Group Listing

Our caregiving support groups are designed for family members, caregivers, and friends of people with Alzheimer's disease and related disorders. These groups provide members an opportunity to discuss caregiving challenges and share helpful tips, while receiving support from others who are in similar situations. All support groups are facilitated by a trained leader, are confidential, free of charge, and open to the public.

Support group schedules may vary, especially due to the holidays or severe weather.

If you have a question about a support group, or if you are interested in facilitating a group, please contact us at 1-800-272-3900, or email <a href="mailto:jreynolds@alz.org">jreynolds@alz.org</a>.

Our support groups and their volunteer leaders are not to be contacted for commercial purposes or solicitation.

## **Specialized Groups**

**Chinese & Vietnamese Speaking Group** | Chinese Community Center: 9800 Town Park, Houston, TX 77036 | 3<sup>rd</sup> Saturday at 10:30 a.m. | Tracy Wu | 713-271-6100 *This group is a general caregiving group and is not Alzheimer's specific* 

**Early-Stage Peer Group & Younger-Onset Care Partners Group** | Houston, TX | Teri Miller & Stacy Bernstein | 713-314-1313

Please call for more information

**Men's Support Group** | Alzheimer's Association: 6055 South Loop East @ Long Dr. Houston, TX 77087 | 1<sup>st</sup> Tuesday at 1:30 p.m. | Gordon Bisel | 713-314-1313

**Parkinson's & Lewy Body Group** | American Red Cross Building: 2700 SW Freeway, Houston, TX 77098 | 4<sup>th</sup> Monday at 10:00 a.m. | Kathleen Crist | 713-626-7114 \*Please call to RSVP if this is your first group meeting

**Spanish Speaking Support Group** | Community Family Centers: 7524 Avenue E, Houston, TX 77012, Senior Room | 3<sup>rd</sup> Wednesday, 6:30 p.m.- 7:30 p.m. | Janie Benitez | 713-923-2316

**Younger-Onset Care Partners Group Brazoria County** | First Christian Church: 503 Oyster Creek Drive, Lake Jackson, TX 77566 | 1<sup>st</sup> Thursday, 6:00 p.m.- 7:30 p.m. | Dale Libby | Contact Dale Libby, 979-236-5393

## **Angelina County**

**Woodland Heights Affinity Center** | 302 Medical Park Dr. Lufkin, TX 75901 | 3<sup>rd</sup> Tuesday at 2:00 p.m. | Amanda Scarborough, Stacy Snell

**Pine Crest Retirement Community** | Multipurpose Room: 1302 Tom Temple Dr., Lufkin, TX 75904 | 1<sup>st</sup> Thursday, 5:00 p.m.- 6:00 p.m. | Joy Rich, Dedre Nell

## **Austin County**

**St. John's Episcopal Church** | 515 Meyer St. Sealy, TX 77474 | 4<sup>th</sup> Wednesday at 10:00 a.m. | Reverend Eric Le Brocq (Group will not meet in December/2014)

## **Brazoria County**

**First Christian Church** | 503 Oyster Creek Dr. Lake Jackson, TX | 4<sup>th</sup> Tuesday at 12:30 p.m. | Contact Brenda Must, 979-8495051 *Respite available, please call to RSVP* 

**Younger-Onset Care Partners Group Brazoria County** | First Christian Church: 503 Oyster Creek Drive, Lake Jackson, TX 77566 | 1<sup>st</sup> Thursday, 6:00 p.m.- 7:30 p.m. | Contact Dale Libby, 979-345-5401

# **Brazos County**

**Peace Lutheran Church** | 2201 Rio Grande Blvd. College Station, TX 77845 | 4<sup>th</sup> Thursday at 12:00 p.m. | Jeanie Bassett, Amie | 979-693-4403

## **Ft. Bend County**

Silverado Senior Living- Sugar Land | 1221 Seventh Sugar Land, TX | Spousal Support Group,  $2^{nd}$  &  $4^{th}$  Wednesday at 11:00 a.m. | Family Support Group,  $4^{th}$  Tuesday at 6:00 p.m. | Linda Lavinson | RSVP to 281-277-1221

**First United Methodist Church** | 3900 Lexington Blvd. Missouri City, TX 77459 | 2<sup>nd</sup> Tuesday at 11:00 a.m. | 4<sup>th</sup> Tuesday at 11:00 a.m. | Edith Summerlin, Carol Farley, Gordon Bisel

The Hampton at Meadows Place | 11919 W. Airport Blvd. Meadows Place, TX 77477 | 1<sup>st</sup> Monday at 6:00 p.m. | Robin Ferris, Reponsa Perkins, Kerie McLean, Gomathy Ranganath St. John's United Methodist Church | 400 Jackson St. Richmond, TX 77469, The Gathering Room (rm. 105) | 1<sup>st</sup> Thursday, 7:00 p.m.- 8:00 p.m. | Cathy Harris, Terry McClean, Jennifer Veres-Schrecengost, Kathy Lewelling richmonddementia@gmail.com

## **Galveston County**

**Mainland Medical Center** | 6800 Emmett F. Lowry, Texas City, TX 77591, Institute for Senior Care, Senior Outpatient Services Room (at the back of Mainland Medical Center) | 2<sup>nd</sup> Monday at 5:30 p.m. | Alice Wilkerson | 409-938-5719

**Cottages of Clear Lake** | 450 Landing Blvd. League City, TX 77573 | 3<sup>rd</sup> Wednesday at 2:00 p.m. | Krista Dunn | 281-316-4281

**San Jacinto Manor** | 206 W P St. Deer Park, TX 77536 | 2<sup>nd</sup> Thursday at 6:00 p.m. | Melodee Alexander, Karen Remaley | 281- 479-8471

# **Hardin County**

**Silsbee Library** | 295 N 4<sup>th</sup> Street Silsbee, TX 77025 | 4<sup>th</sup> Thursday at 4:00 pm | Dan Darby |RSVP to 713-314-1313

## **Harris County**

## **Central Houston (Inner Loop)**

**The Amazing Place** | 3725 Drexel Houston, TX 77027 | 4<sup>th</sup> Thursday at 4:30 p.m. | Carol Cooper, Susan Giles | 713-552-0420

**The Amazing Place** | 3725 Drexel Houston, TX 77027 | 2nd Tuesday at 9:00 a.m. | Brianna Garrison, Carol Cooper | 713-552-0420

**Sheltering Arms Senior Services** | 3838 Aberdeen Way Houston, TX 77025 | 4<sup>th</sup> Monday at 9:30 a.m. | Erial Green | Respite Care Available | 713-558-6343

**Wheeler Avenue Baptist Church** | 3826 Wheeler Ave. Houston, TX 77004 | 3<sup>rd</sup> Saturday at 10:00 a.m. | Deborah Davis, Christine Plummer

**The Forum @ Memorial Woods** | 777 N. Post Oak Rd. Houston, TX 77024, multipurpose room on 1<sup>st</sup> floor | 3<sup>rd</sup> Wednesday at 10:00 a.m. | Mary Frances Barrelli, Bob Robertson

## Southwest Houston/Galleria

**Chapelwood United Methodist Church** | 11140 Greenbay Houston, TX 77024 | 1<sup>st</sup> Monday at 12:00 p.m. | Cherri Washington

**Seven Acres Jewish Senior Care Services** | 6200 N. Braeswood Houston, TX 77074 | 1<sup>st</sup> Tuesday at 7:30 p.m. | Gabrielle Langley | 713-778-5700

**St. Martin's Episcopal Church: The Hope & Healing Center** | 5005 Woodway Dr. Houston, TX 77056, room 103 | 1<sup>st</sup> Monday at 3:00 p.m. | 3<sup>rd</sup> Monday at 3:00 p.m. | Kathy Tellepsen | 713-871-1004

**Memorial Drive United Methodist Church: The Connection Center** | 13150 Memorial Drive Houston, TX 77079 | 2<sup>nd</sup> Wednesday at 1:00 p.m. | Barbara Reynolds

**Garden Terrace** | 7887 Cambridge Street Houston 77054 | 3<sup>rd</sup> Thursday at 5:30 p.m. | Sarah Guest | sarahg@colonialoaks.org

## West Houston/ Katy

**Memorial City Memorial Hermann** | 921 Gessner Rd. Houston, TX 77024, 5<sup>th</sup> Floor East Tower, Conference Room A | 3<sup>rd</sup> Sunday at 2:00 p.m. | Susan Waller

**Spring Branch Transitional Care Center** | 1615 Hillendahl Blvd. Housotn, TX 77055 | 2<sup>nd</sup> Saturday of 10:00 a.m. | Rachel Jackson | 713-365-0561

**Cinco Ranch Alzheimer's Special Care Center** | 3206 S. Fry Rd. Katy, TX 77450 | 1<sup>st</sup> Wednesday at 7:00 p.m. | 281-599-3334

**The Solana** | 24001 Cinco Village Center Blvd. Katy, TX 77494 | 2<sup>nd</sup> Tuesday at 6:30 p.m. | Mary Breitgame | 281-644-0003

**St. Peter's United Methodist Church** | 20775 Kingland Blvd. Katy, TX 77450, Room S209 | 3<sup>rd</sup> Monday at 1:30 p.m. | Beverly Deerhake | 281-492-8031

# **Northwest Houston/ Cypress/ Spring**

**Brookdale Place Cypress Station** | 303 Lantern Bend Dr. Houston, TX 77090, 3<sup>rd</sup> floor living room | 1<sup>st</sup> Tuesday at 4:30 p.m. | Kay Lynn Jenkins

**Silverado Senior Living Cypresswood** | 10225 Cypresswood Dr. Houston, TX 77070 | 3<sup>rd</sup> Monday at 6:00 p.m. | Melissa Cruz | 281-955-0880

**Cypress Methodist Church** | 13403 Cypress N. Houston, Cypress, TX 77429, RM W201 (Wesley Building) | 4<sup>th</sup> Thursday at 7:00 p.m. | Lee Icenhower | 281-469-0730 (3<sup>rd</sup> Thursday in November and December due to Holidays)

## East & Southeast Houston/ Baytown/ Nassau Bay/ Pasadena

**Memorial Hospital Southeast** | 11800 Astoria Blvd. Houston, TX 77089, 3<sup>rd</sup> floor classroom | 2<sup>nd</sup> Wednesday at 6:00 p.m.

Waterford at Baytown | 901 West Baker Rd. Baytown, TX 77521 | 2<sup>nd</sup> Thursday at 6:30 p.m. | Ward Roberson | 281-427-5001

**St. John's West Hospital** | 2035 Space Park Dr. Nassau Bay, TX 77058 | Last Wednesday at 9:30 a.m. | Corinne Poel, Sue Lane France

**Bayshore Hospital** | 4000 Spencer Hwy | Pasadena, TX 77502, classroom 3 & 4 in cafeteria | 1<sup>st</sup> Wednesday at 6:00 p.m. | Jarett Reynolds

# **Houston County**

Crocket Resource Center | 1020 Loop 304 E | Crockett, TX 75835 | 3<sup>rd</sup> Tuesday at 10:00 a.m. | Cathy Newsome, Debbie Oliver

# **Jefferson County**

**Calder Woods** | 7080 Calder Ave. Beaumont, TX 77701, library | Last Monday of each month at 6:00 p.m. | 409-861-1123 | Wendy McElroy, RN

**Wesley United Methodist Church** | 3810 North Major Drive, Beaumont, TX 77713 | 2<sup>nd</sup> Saturday at 10:00 a.m. | Terry Brown | 409-892-7012

**Port Neches United Methodist Church** | 1826 Nall, Port Neches, TX 77651 | 4<sup>th</sup> Monday at 6:00 p.m. | Niki Lege | 409-626-1568

**Port Neches Senior Citizens Center** | 1006 Port Neches Ave. Port Neches, TX 77651 | 3<sup>rd</sup> Tuesday at 11:00 a.m. | Cindy Brown | 409-724-1788

## **Montgomery County**

**The Forum** | 5055 W. Panther Creek Dr. Woodlands, TX 77381 | 1<sup>st</sup> Tuesday at 7:00 p.m. | Joan Sabino, Darci Tombros, Beth Grebe, Joy Ebel, Pat Beard

**The Friendship Center Conroe** | 1202 Callahan Ave. Conroe, TX 77301 | 1<sup>st</sup> Friday of each month at 10:00 a.m. | Rachael Fuqua | 936-756-8345 Respite available, please call to RSVP

**First Christian Church of Conroe** | 3500 Loop 336 W. Conroe, TX 77304 | 3<sup>rd</sup> Wednesday at 2:00 p.m. | Sarah Baxter, Velma Hengst

**N. Montgomery County Community Center** | 600 Gerald Street, Willis, TX 77378 | 2<sup>nd</sup> Thursday at 11:00 a.m. | Veronica Bennett, Marsha Irwin, Jude Sivcoski | 713-314-1313

## **Orange County**

**St. Francis of Assisi** | 4300 Meeks Dr. Orange, TX 77632, Canticle Building | 2<sup>nd</sup> Wednesday at 10:00 a.m. | 2<sup>nd</sup> Thursday at 6:30 p.m. | Jerry Ehrman | 409-883-9153

## **Polk County**

**Timberwood Nursing & Rehab** | 4001 US Hwy 59N. Livingston, TX 77351 | 3<sup>rd</sup> Thursday of each month at 2:00 p.m. | Dianna Perez | 936-327-4446

**First United Methodist Church** | 2801 US Hwy 190 W Livingston, TX 77351 | 1<sup>st</sup> Wednesday at 2:00 p.m. | Shirley Zetka, Juanita Dudley

# **San Augustine County**

**Twin Lakes Care Center** | 451 S. El Camino Crossing San Augustine, TX 75972 | 4<sup>th</sup> Wednesday at 10:00 a.m. | Loretta Worsham | 936-275-2900

## **Walker County**

**The Creekside Retirement Community** | 1433 Veterans Memorial Parkway Huntsville, TX 77340, multipurpose room | 1<sup>st</sup> Tuesday at 11:30 a.m. | Caroline Erb | 936-661-3021