

## Alzheimer's Association: Houston & Southeast Texas Support Group Listing

Our caregiving support groups are designed for family members, caregivers, and friends of people with Alzheimer's disease or related disorders. These groups provide members an opportunity to discuss caregiving challenges and share helpful tips, while receiving support from others who are in similar situations. All support groups are facilitated by a trained leader, are confidential, free of charge, and open to the public.

Support group schedules may vary, especially due to the holidays or severe weather.

If you have a question about a support group, or if you are interested in facilitating a group, please contact us at 1-800-272-3900, or email [mfreitag@alz.org](mailto:mfreitag@alz.org)

**Our support groups and their volunteer leaders are not to be contacted for commercial purposes or solicitation.**

### Specialized Groups

**Chinese & Vietnamese Speaking Group** | Chinese Community Center: 9800 Town Park, Houston, TX 77036 | 3<sup>rd</sup> Saturday at 10:30 a.m. | Tracy Wu | 713-271-6100  
*This group is a general caregiving group and is not Alzheimer's specific*

**Early Stage Peer Group & Younger-Onset Care Partners Group** | Houston, TX | Teri Miller & Stacy Bernstein | 713-314-1313  
*Please call for more information*

**Men's Support Group** | Alzheimer's Association: 6055 South Loop East @ Long Dr. Houston, TX 77087 | 1<sup>st</sup> Tuesday at 1:30 p.m. | Gordon Bisel | 713-314-1313

**Parkinson's & Lewy Body Group** | American Red Cross Building: 2700 SW Freeway, Houston, TX 77098 | 4<sup>th</sup> Monday at 10:00 a.m. | Kathleen Crist | 713-626-7114

**VA Caregivers Support Group** | Michael E. DeBakey V.A. Medical Center: 2002 Holcombe Blvd. Houston, TX 77030, NU2D room 2C-250 | 2<sup>nd</sup> & 4<sup>th</sup> Thursdays at 1:00 p.m. | For more information, contact Jessica Calleo, PhD, 713-791-1414, ext. 26311

**Spanish Speaking Support Group** | Community Family Centers: 7524 Avenue E, Houston, TX 77012, Senior Room | 3<sup>rd</sup> Wednesday, 6:30 p.m.- 7:30 p.m. | Janie Benitez | 713-923-2316

**Younger-Onset Care Partners Group Brazoria County** | First Christian Church: 503 Oyster Creek Drive, Lake Jackson, TX 77566 | 1<sup>st</sup> Thursday, 6:00 p.m.- 7:30 p.m. | Dale Libby | Contact Dale Libby, 979-236-5393

**Coming soon: Spanish Speaking Support Group Brazoria County** | Date/time/place TBA | Please contact Mary Little, 979-345-5401

### **Angelina County**

**Carpenter's Way Church** | 400 N. John Redditt Drive, Lufkin, TX 75904 | 2<sup>nd</sup> Tuesday at 6:30 p.m. | Jeff Fatheree & Amanda Scarborough

### **Brazoria County**

**Younger-Onset Care Partners Group Brazoria County** | First Christian Church: 503 Oyster Creek Drive, Lake Jackson, TX 77566 | 1<sup>st</sup> Thursday, 6:00 p.m.- 7:30 p.m. | Dale Libby | Contact Mary Little, 979-345-5401

**Spanish Speaking Support Group Brazoria County** | Date/time/place TBA | Please contact Mary Little, 979-345-5401

### **Brazos County**

**Peace Lutheran Church** | 2201 Rio Grande Blvd. College Station, TX 77845 | 4<sup>th</sup> Thursday at 12:00 p.m. | Jeanie Bassett | 979-693-4403  
*Respite available, please call to RSVP*

### **Ft. Bend County**

**Silverado Senior Living- Sugar Land** | 1221 Seventh Sugar Land, TX | Spousal Support Group, 2<sup>nd</sup> & 4<sup>th</sup> Wednesday at 11:00 a.m. | Family Support Group, 4<sup>th</sup> Tuesday at 6:00 p.m. | Linda Lavinson | RSVP to 281-277-1221

**First United Methodist Church** | 3900 Lexington Blvd. Missouri City, TX 77459 | 2<sup>nd</sup> Tuesday at 11:00 a.m. | 4<sup>th</sup> Tuesday at 11:00 a.m. | Edith Summerlin, Carol Farley

**The Hampton at Meadows Place** | 11919 W. Airport Blvd. Meadows Place, TX 77477 | 1<sup>st</sup> Monday at 6:00 p.m. | Kelli Walleck | 281-240-1707

### Galveston County

**Mainland Medical Center** | 6800 Emmett F. Lowry, Texas City, TX 77591, Institute for Senior Care, Senior Outpatient Services Room (at the back of Mainland Medical Center) | 2<sup>nd</sup> Monday at 5:30 p.m. | Alice Wilkerson | 409-938-5719

**Moody Methodist Church** | 2803 53<sup>rd</sup> St. @ Ave. U Galveston, TX 77551, Parlor | 1<sup>st</sup> Tuesday at 5:30 p.m. | Alice Williams, Brenda Louviere | Call Libbie's Place for more info, 409-741-2538

**Cottages of Clear Lake** | 450 Landing Blvd. League City, TX 77573 | 3<sup>rd</sup> Wednesday at 2:00 p.m. | Krista Dunn | 281-316-4281

**San Jacinto Manor** | 206 W P St. Deer Park, TX 77536 | 2<sup>nd</sup> Thursday at 6:00 p.m. | Melodee Alexander, Karen Remaley | 281- 479-8471

### Harris County

#### Central Houston (Inner Loop)

**The Amazing Place** | 3725 Drexel Houston, TX 77027 | 4<sup>th</sup> Thursday at 4:30 p.m. | Carol Cooper, Susan Giles | 713-552-0420

**Sheltering Arms Senior Services** | 3838 Aberdeen Way Houston, TX 77025 | 4<sup>th</sup> Monday at 9:30 a.m. | Donna Dauria-Burleigh, Vivian Walker | 713-685-6577

**Wheeler Avenue Baptist Church** | 3826 Wheeler Ave. Houston, TX 77004 | 3<sup>rd</sup> Saturday at 10:00 a.m. | Deborah Davis, Christine Plummer  
*In April, group held on Saturday, April 26<sup>th</sup> at 10:00 a.m.- 11:30 a.m.*

**The Forum @ Memorial Woods** | 777 N. Post Oak Rd. Houston, TX 77024, multipurpose room on 1<sup>st</sup> floor | 3<sup>rd</sup> Wednesday at 10:00 a.m.\*\*\* | Mary Frances Barrelli, Bob Robertson  
\*\*\*New group, first meeting August 20<sup>th</sup>

#### Southwest Houston/ Galleria

**Chapelwood United Methodist Church** | 11140 Greenbay Houston, TX 77024 | 1<sup>st</sup> Monday at 12:00 p.m. | Cherri Washington

**Seven Acres Jewish Senior Care Services** | 6200 N. Braeswood Houston, TX 77074 | 1<sup>st</sup> Tuesday at 7:30 p.m. | Gabrielle Langley | 713-778-5700

**St. Martin's Episcopal Church: The Hope & Healing Center** | 5005 Woodway Dr. Houston, TX 77056, room 103 | 1<sup>st</sup> Monday at 3:00 p.m. | 3<sup>rd</sup> Monday at 3:00 p.m. | Kathy Tellepsen | 713-871-1004

<b>Memorial Drive United Methodist Church: The Connection Center</b>   13150 Memorial Drive Houston, TX 77079   2 <sup>nd</sup> Wednesday at 1:00 p.m.   Barbara Reynolds
<b>West Houston/ Katy</b>
<b>West Houston Medical Center</b>   12141 Richmond Ave. Houston, TX 77082, medium conference room on the 1 <sup>st</sup> floor, next to admitting   <i>Group currently on hold, please call if interested, 1-800-272-3900</i>
<b>Memorial City Memorial Hermann</b>   921 Gessner Rd. Houston, TX 77024, 5 <sup>th</sup> Floor East Tower, Conference Room A   3 <sup>rd</sup> Sunday at 2:00 p.m.   Susan Waller
<b>Spring Branch Transitional Care Center</b>   1615 Hillendahl Blvd. Houston, TX 77055   2 <sup>nd</sup> Saturday at 10:00 a.m.***   Rachel Jackson   713-365-0561 <b>***New group, first meeting July 12th</b>
<b>Cinco Ranch Alzheimer's Special Care Center</b>   3206 S. Fry Rd. Katy, TX 77450   1 <sup>st</sup> Wednesday at 7:00 p.m.   281-599-3334
<b>The Solana</b>   24001 Cinco Village Center Blvd. Katy, TX 77494   2 <sup>nd</sup> Tuesday at 6:30 p.m.   Mary Breitgame   281-644-0003
<b>St. Peter's United Methodist Church</b>   20775 Kingland Blvd. Katy, TX 77450, Room S209   Beverly Deerhake   281-492-8031
<b>Northwest Houston/ Cypress/ Spring</b>
<b>The Hampton at Cypress Station</b>   303 Lantern Bend Dr. Houston, TX 77090, 3 <sup>rd</sup> floor living room   1 <sup>st</sup> Tuesday at 4:30 p.m.   Kay Lynn Jenkins
<b>Silverado Senior Living Cypresswood</b>   10225 Cypresswood Dr. Houston, TX 77070   3 <sup>rd</sup> Monday at 6:00 p.m.   Melissa Cruz   281-599-3334
<b>Cypress Methodist Church</b>   13403 Cypress N. Houston, Cypress, TX 77429, RM W202 (Wesley Building)   4 <sup>th</sup> Thursday at 7:00 p.m.   Lee Icenhower   281-469-0730
<b>The Village of Gleannloch Farms</b>   9505 Northpointe Blvd. Spring, TX 77379, multipurpose room   3 <sup>rd</sup> Wednesday at 7:00 p.m.   Barbara Peterson   281-430-4931 <i>Primarily educational support, respite care available, call to RSVP</i>
<b>East &amp; Southeast Houston/ Baytown/ Nassau Bay/ Pasadena</b>
<b>Memorial Hospital Southeast</b>   11800 Astoria Blvd. Houston, TX 77089, 3 <sup>rd</sup> floor classroom   2 <sup>nd</sup> Wednesday at 6:00 p.m.   Joanna Freisen

<b>Remington Park</b>   901 West Baker Rd. Baytown, TX 77521   2 <sup>nd</sup> Thursday at 6:30 p.m.   Ward Roberson
<b>St. John's West Hospital</b>   2035 Space Park Dr. Nassau Bay, TX 77058   Last Wednesday at 9:30 a.m.   Corinne Poel, Sue Lane France
<b>Bayshore Hospital</b>   4000 Spencer Hwy   Pasadena, TX 77502, classroom 3 & 4 in cafeteria   1 <sup>st</sup> Wednesday at 6:00 p.m.   Lois Munchalfen

<b>Jefferson County</b>
<b>Calder Woods</b>   7080 Calder Ave. Beaumont, TX 77701, library   Last Monday of each month at 6:00 p.m.   Chaplain Eddie Tubbs   409-861-1123
<b>Wesley United Methodist Church</b>   3810 North Major Drive, Beaumont, TX 77713   2 <sup>nd</sup> Saturday at 10:00 a.m.   Terry Brown   409-892-7012
<b>Port Neches United Methodist Church</b>   1826 Nall, Port Neches, TX 77651   4 <sup>th</sup> Monday at 6:00 p.m.   Becky Bowser
<b>Port Neches Senior Citizens Center</b>   1006 Port Neches Ave. Port Neches, TX 77651   3 <sup>rd</sup> Tuesday at 11:00 a.m.   Becky Bowser

<b>Montgomery County</b>
<b>The Forum</b>   5055 W. Panther Creek Dr. Woodlands, TX 77381   1 <sup>st</sup> Tuesday at 7:00 p.m.   Joan Sabino, Darci Tombros, Beth Grebe, Joy Ebel, Pat Beard
<b>The Friendship Center Conroe</b>   1202 Callahan Ave. Conroe, TX 77301   1 <sup>st</sup> Friday of each month at 10:00 a.m.   Michelle Williams   936-756-8345 <i>Respite available, please call to RSVP</i>
<b>First Christian Church of Conroe</b>   3500 Loop 336 W. Conroe, TX 77304   3 <sup>rd</sup> Wednesday at 2:00 p.m.   Sarah Baxter, Velma Hengst

<b>Orange County</b>
<b>St. Francis of Assisi</b>   4300 Meeks Dr. Orange, TX 77632, Canticle Building   2 <sup>nd</sup> Wednesday at 10:00 a.m.   2 <sup>nd</sup> Thursday at 6:30 p.m.   Jerry Ehrman

### **Polk County**

**Timberwood Nursing & Rehab** | 4001 US Hwy 59N. Livingston, TX 77351 | Last Tuesday of each month at 2:30 p.m. | Mandy Humes, Dianna Perez | 936-327-4446

**First United Methodist Church** | 2801 US Hwy 190 W Livingston, TX 77351 | 1<sup>st</sup> Wednesday at 2:00 p.m. | Sue Rosser, Jim Rosser

### **San Augustine County**

**Twin Lakes Care Center** | 451 S. El Camino Crossing San Augustine, TX 75972 | Last Wednesday at 10:00 a.m. | Loretta Worsham | 936-275-2900

### **Walker County**

**The Creekside Retirement Community** | 1433 Veterans Memorial Parkway Huntsville, TX 77340, multipurpose room | 1<sup>st</sup> Tuesday at 11:30 a.m. | Caroline Erb | 936-661-3021

### **Wharton County**

**Houston Hospice- El Campo** | 1102 N. Mechanic St. El Campo, TX 77437 | 2<sup>nd</sup> Tuesday at 6:00 p.m. | Alicia Rueda

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<sup>i</sup> Last updated 6.10.14