

Alzheimer's Association: Houston & Southeast Texas Support Group Listing

Our caregiving support groups are designed for family members, caregivers, and friends of people with Alzheimer's disease or related disorders. These groups provide members an opportunity to discuss caregiving challenges and share helpful tips, while receiving support from others who are in similar situations. All support groups are facilitated by a trained leader, are confidential, free of charge, and open to the public.

Support group schedules may vary, especially due to the holidays or severe weather.

If you have a question about a support group, or if you are interested in facilitating a group, please contact us at 1-800-272-3900, or email mfreitag@alz.org

Our support groups and their volunteer leaders are not to be contacted for commercial purposes or solicitation.

Specialized Groups

Chinese & Vietnamese Speaking Group | Chinese Community Center: 9800 Town Park, Houston, TX 77036 | 3rd Saturday at 10:30 a.m. | Tracy Wu | 713-271-6100
This group is a general caregiving group and is not Alzheimer's specific

Early Stage Peer Group & Younger-Onset Care Partners Group | Houston, TX | Teri Miller & Stacy Bernstein | 713-314-1313
Please call for more information

Men's Support Group | Alzheimer's Association: 6055 South Loop East @ Long Dr. Houston, TX 77087 | 1st Tuesday at 1:30 p.m. | Gordon Bisel | 713-314-1313

Parkinson's & Lewy Body Group | American Red Cross Building: 2700 SW Freeway, Houston, TX 77098 | 4th Monday at 10:00 a.m. | Kathleen Crist | 713-626-7114

VA Caregivers Support Group | Michael E. DeBakey V.A. Medical Center: 2002 Holcombe Blvd. Houston, TX 77030, NU2D room 2C-250 | 2nd & 4th Thursdays at 1:00 p.m. | For more information, contact Jessica Calleo, PhD, 713-791-1414, ext. 26311

Spanish Speaking Support Group | Community Family Centers: 7524 Avenue E, Houston, TX 77012, Senior Room | 3rd Wednesday, 6:30 p.m.- 7:30 p.m. | Janie Benitez | 713-923-2316

Younger-Onset Care Partners Group Brazoria County | First Christian Church: 503 Oyster Creek Drive, Lake Jackson, TX 77566 | 1st Thursday, 6:00 p.m.- 7:30 p.m. | Dale Libby | Contact Dale Libby, 979-236-5393

Angelina County

Carpenter's Way Church | 400 N. John Redditt Drive, Lufkin, TX 75904 | 2nd Tuesday at 6:30 p.m. | Jeff Fatheree & Amanda Scarborough

Brazoria County

First Christian Church | 503 Oyster Creek Dr. Lake Jackson, TX | 4th Tuesday at 12:30 p.m. | Contact Mary Little, 979-345-5401
Respite available, please call to RSVP

Younger-Onset Care Partners Group Brazoria County | First Christian Church: 503 Oyster Creek Drive, Lake Jackson, TX 77566 | 1st Thursday, 6:00 p.m.- 7:30 p.m. | Dale Libby | Contact Mary Little, 979-345-5401

Spanish Speaking Support Group | St. Mary Star of the Sea Church | 1019 W 6th Street, Freeport, TX | **This group is scheduled to begin Thursday, January 15th 2015** | Please contact Mary Little, 979-345-5401

Brazos County

Peace Lutheran Church | 2201 Rio Grande Blvd. College Station, TX 77845 | 4th Thursday at 12:00 p.m. | Jeanie Bassett | 979-693-4403

Ft. Bend County

Silverado Senior Living- Sugar Land | 1221 Seventh Sugar Land, TX | Spousal Support Group, 2nd & 4th Wednesday at 11:00 a.m. | Family Support Group, 4th Tuesday at 6:00 p.m. | Linda Lavinson | RSVP to 281-277-1221

First United Methodist Church | 3900 Lexington Blvd. Missouri City, TX 77459 | 2nd Tuesday at 11:00 a.m. | 4th Tuesday at 11:00 a.m. | Edith Summerlin, Carol Farley, Gordon Bisel

The Hampton at Meadows Place | 11919 W. Airport Blvd. Meadows Place, TX 77477 | 1st Monday at 6:00 p.m. | Robin Ferris | 281-240-1707

Galveston County

Mainland Medical Center | 6800 Emmett F. Lowry, Texas City, TX 77591, Institute for Senior Care, Senior Outpatient Services Room (at the back of Mainland Medical Center) | 2nd Monday at 5:30 p.m. | Alice Wilkerson | 409-938-5719

Cottages of Clear Lake | 450 Landing Blvd. League City, TX 77573 | 3rd Wednesday at 2:00 p.m. | Krista Dunn | 281-316-4281

San Jacinto Manor | 206 W P St. Deer Park, TX 77536 | 2nd Thursday at 6:00 p.m. | Melodee Alexander, Karen Remaley | 281- 479-8471

Harris County

Central Houston (Inner Loop)

The Amazing Place | 3725 Drexel Houston, TX 77027 | 4th Thursday at 4:30 p.m. | Carol Cooper, Susan Giles | 713-552-0420

Sheltering Arms Senior Services | 3838 Aberdeen Way Houston, TX 77025 | 4th Monday at 9:30 a.m. | Donna Dauria-Burleigh, Vivian Walker | 713-685-6577

Wheeler Avenue Baptist Church | 3826 Wheeler Ave. Houston, TX 77004 | 3rd Saturday at 10:00 a.m. | Deborah Davis, Christine Plummer

The Forum @ Memorial Woods | 777 N. Post Oak Rd. Houston, TX 77024, multipurpose room on 1st floor | 3rd Wednesday at 10:00 a.m.*** | Mary Frances Barrelli, Bob Robertson
***New group, first meeting August 20th

Southwest Houston/ Galleria

Chapelwood United Methodist Church | 11140 Greenbay Houston, TX 77024 | 1st Monday at 12:00 p.m. | Cherri Washington

Seven Acres Jewish Senior Care Services | 6200 N. Braeswood Houston, TX 77074 | 1st Tuesday at 7:30 p.m. | Gabrielle Langley | 713-778-5700

St. Martin's Episcopal Church: The Hope & Healing Center | 5005 Woodway Dr. Houston, TX 77056, room 103 | 1st Monday at 3:00 p.m. | 3rd Monday at 3:00 p.m. | Kathy Tellepsen | 713-871-1004

Memorial Drive United Methodist Church: The Connection Center | 13150 Memorial Drive Houston, TX 77079 | 2nd Wednesday at 1:00 p.m. | Barbara Reynolds

West Houston/ Katy
Memorial City Memorial Hermann 921 Gessner Rd. Houston, TX 77024, 5 th Floor East Tower, Conference Room A 3 rd Sunday at 2:00 p.m. Susan Waller
Spring Branch Transitional Care Center 1615 Hillendahl Blvd. Houston, TX 77055 2 nd Saturday at 10:00 a.m. Rachel Jackson 713-365-0561
Cinco Ranch Alzheimer's Special Care Center 3206 S. Fry Rd. Katy, TX 77450 1 st Wednesday at 7:00 p.m. 281-599-3334
The Solana 24001 Cinco Village Center Blvd. Katy, TX 77494 2 nd Tuesday at 6:30 p.m. Mary Breitgame 281-644-0003
St. Peter's United Methodist Church 20775 Kingland Blvd. Katy, TX 77450, Room S209 3 rd Monday at 1:30 p.m. Beverly Deerhake 281-492-8031
Northwest Houston/ Cypress/ Spring
Brookdale Place Cypress Station 303 Lantern Bend Dr. Houston, TX 77090, 3 rd floor living room 1 st Tuesday at 4:30 p.m. Kay Lynn Jenkins
Silverado Senior Living Cypresswood 10225 Cypresswood Dr. Houston, TX 77070 3 rd Monday at 6:00 p.m. Melissa Cruz 281-955-0800
Cypress Methodist Church 13403 Cypress N. Houston, Cypress, TX 77429, RM W202 (Wesley Building) 4 th Thursday at 7:00 p.m. Lee Icenhower 281-469-0730
The Village of Gleannloch Farms 9505 Northpointe Blvd. Spring, TX 77379, multipurpose room 3 rd Wednesday at 7:00 p.m. Barbara Peterson 281-430-4931 <i>Primarily educational support, respite care available, call to RSVP</i>
East & Southeast Houston/ Baytown/ Nassau Bay/ Pasadena
Memorial Hospital Southeast 11800 Astoria Blvd. Houston, TX 77089, 3 rd floor classroom 2 nd Wednesday at 6:00 p.m. Joanna Freisen
Remington Park 901 West Baker Rd. Baytown, TX 77521 2 nd Thursday at 6:30 p.m. Ward Roberson
St. John's West Hospital 2035 Space Park Dr. Nassau Bay, TX 77058 Last Wednesday at 9:30 a.m. Corinne Poel, Sue Lane France
Bayshore Hospital 4000 Spencer Hwy Pasadena, TX 77502, classroom 3 & 4 in cafeteria 1 st Wednesday at 6:00 p.m. Lois Munchalfen

Jefferson County

Calder Woods | 7080 Calder Ave. Beaumont, TX 77701, library | Last Monday of each month at 6:00 p.m. | 409-861-1123

Wesley United Methodist Church | 3810 North Major Drive, Beaumont, TX 77713 | 2nd Saturday at 10:00 a.m. | Terry Brown | 409-892-7012

Port Neches United Methodist Church | 1826 Nall, Port Neches, TX 77651 | 4th Monday at 6:00 p.m. | Becky Bowser

Port Neches Senior Citizens Center | 1006 Port Neches Ave. Port Neches, TX 77651 | 3rd Tuesday at 11:00 a.m. | Becky Bowser

Montgomery County

The Forum | 5055 W. Panther Creek Dr. Woodlands, TX 77381 | 1st Tuesday at 7:00 p.m. | Joan Sabino, Darci Tombros, Beth Grebe, Joy Ebel, Pat Beard

The Friendship Center Conroe | 1202 Callahan Ave. Conroe, TX 77301 | 1st Friday of each month at 10:00 a.m. | Michelle Williams | 936-756-8345
Respite available, please call to RSVP

First Christian Church of Conroe | 3500 Loop 336 W. Conroe, TX 77304 | 3rd Wednesday at 2:00 p.m. | Sarah Baxter, Velma Hengst

Orange County

St. Francis of Assisi | 4300 Meeks Dr. Orange, TX 77632, Canticle Building | 2nd Wednesday at 10:00 a.m. | 2nd Thursday at 6:30 p.m. | Jerry Ehrman |

Polk County

Timberwood Nursing & Rehab | 4001 US Hwy 59N. Livingston, TX 77351 | Last Tuesday of each month at 2:30 p.m. | Mandy Humes, Dianna Perez | 936-327-4446

First United Methodist Church | 2801 US Hwy 190 W Livingston, TX 77351 | 1st Wednesday at 2:00 p.m. | Sue Rosser, Jim Rosser

San Augustine County

Twin Lakes Care Center | 451 S. El Camino Crossing San Augustine, TX 75972 | Last Wednesday at 10:00 a.m. | Loretta Worsham | 936-275-2900

Walker County

The Creekside Retirement Community | 1433 Veterans Memorial Parkway Huntsville, TX 77340, multipurpose room | 1st Tuesday at 11:30 a.m. | Caroline Erb | 936-661-3021

ⁱ Last updated 8.15.14